

ENHD – Karmøy CTR

ATIS	118.175	
Tower	120.5	
Alternative TWR	121.1	
KRM VOR	115.15	-. - .- -

ENZV – Sola TMA / Sola CTR

ATIS	126.0	
Approach	119.6	
Alternative APP	118.5	
Tower	118.350	
Ground	121.750	
ZOL VOR	116.850	--.. --- .-..

ENSO – Sørstokken TIZ

AFIS	120.2	
STD VOR	113.4	... - -..

ENBR – Flesland TMA / Flesland CTR

Approach	121.0	
Approach (arrival)	118.850	
Alternative APP	126.1	
ATIS	125.250	
Tower	119.1	
Alternative TWR	122.1	
Ground	121.9	
Director	118.850	
FLS VOR	115.550	..-. .-.. ...

ATIS	126.0	
Approach	119.6	
Alternative APP	118.5	
Tower	118.350	
Ground	121.750	
ZOL VOR	116.850	--.. --- .-..